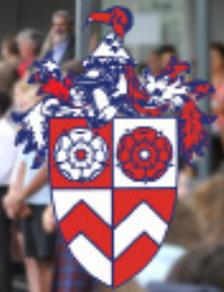


# Rosehill College News



## *From the Principal*

*Tēnā kōtōu katoa*

We find ourselves again in lockdown and I acknowledge that this may have been a shock with the speed of the Level 4 lockdown. I want to reassure you again that our school staff and Board will continue to be available to support your child's wellbeing and learning during this time.



All information, including contacts during this time, is on the College's website under the [Covid-19 tab](#) or accessed from the home page. When we have new information or when the situation changes, we will post that on the [website](#), [Facebook page](#) and Instagram page.

Students should follow the normal school timetable as much as possible. Some of our teachers have their own family considerations and will have made contact through Google Classroom to say when they will be available online. Work and instructions will be posted on Google Classroom and should be followed. Senior students who have assessment due dates in the near future are encouraged to complete and submit their work if they can, but due dates will be extended where needed.

I wish you all the best during this different and challenging period. Links to wellbeing information and websites are below.

***Stay home, stay safe, stay well.***

*Sue Blakely, Principal*

## **Information and resources to support wellbeing and support learning at home**

**The Ministry of Health's website includes:**

- Top ways to look after your mental wellbeing during the Covid-19 lockdown - [Tips for parents, teachers and caregivers – supporting young people](#)
- Although overseas-based [25 Mental Health Wellness Tips during Quarantine from Eileen M Feliciano, Psy.D.](#) is a good list and highlights some things particularly important for children. x
- Tips on looking after mental health and wellbeing during COVID-19 from the Mental Health foundation - <https://mentalhealth.org.nz/getting-through-together/covid-19-faqs>
- A website by the Health Promotion Agency to help New Zealanders recognise and understand depression and anxiety - <https://depression.org.nz/covid-19/covid-19/>
- I AM HOPE is the youth and community focused support group run by The Key to Life Charitable Trust, started by Mike King - <https://www.iamhope.org.nz/>

**Remember the rules of New Zealand's [Level 4 lockdown](#) still apply.**

Unite  
against  
COVID-19

New Zealand Government



## FROM THE SPORTS DEPARTMENT



Things were going well in the Sports Department and with the exception of a few games we nearly made it to the end of all regular season games. At this stage we don't have any information about when those games will be played. Once I have information to share I will do so with coaches and managers who will pass the information on. They should be your first point of contact at this stage.

I know many of our students, particularly seniors, will be anxious about Tournament Week. At this stage I have no information to pass on about Tournament Week. We have been advised that School Sport NZ will make any decisions regarding Tournament Week as soon as they are able. My advice to all our students who are planning on attending Tournament Week is to keep up their fitness and skill levels by practicing at home in preparation for heading to tournament. I will liaise with coaches and managers as soon as I have information to pass on.

Stay home, stay safe. We hope to see you all again soon.

Nicola Bailey  
Director of Sport

### Important Information

- Under Alert Level 4 all facilities are **CLOSED**.  
Please do not enter the grounds for any reason.

### Sign Up

Any Year 9 and 10s who would like to sign up for Junior Volleyball can do so using [this link](#).

### Fixtures

While we wait for information on COVID-19 Alert levels all sport has been postponed. College Sport Auckland and regional sporting bodies will keep us informed regarding any missed games when it is appropriate to do so.

Please use [College Sport Auckland](#) as your most up to date information source for Secondary School sport. Please also await advice from the school regarding sport and when it can commence again.

### Results

Congratulations to the Open Girls Basketball team who competed in the Greater Auckland Semifinals last Friday. Unfortunately they did not come away with the result they had hoped for but they continued to play to their high standards and represented the College with pride. Well done girls!

### Netball Final Placings

Premier - 3rd  
Premier Development - 3rd  
Year 10 Red - 2nd  
Year 9 Blue - 4th  
Year 9 Red - 3rd

Congratulations to Maddisyn Hughes-Afoa and Skye Pethybridge who have received Talent ID Awards from Papakura Netball Centre for their successful seasons.

### Other Information

#### Balance is Better

Balance is Better is about creating quality experiences for all young people to keep them active and in the game. The website is full of articles, webinars, interviews and more looking at how we can keep young people active and involved in sport.

With the winter sports season coming to a close now is a good time to [talk about your child's why](#).

At Balance is Better this week you can read about how parents' motivations for supporting their children to play sport and children's motivations for playing sport don't always line up. Kelly Curr looks into why it's important that parents ask themselves "why does my child play sport?"

#### Keeping up to date

Please follow us on social media. This is where we post updates about trials, training and weekly games. We also like to celebrate our success there.



Rosehill College Sport ([@rosehillcollegesport](#))



[Rosehill College Sport](#)



*Stay home, Stay safe.*

